# Dr. Norma Hollis

EDUCATION Staff Development Parenting \* Youth Speaking Programs



#### Dr. Norma Hollis has multiple speaking styles that include KEYNOTES, BREAK-OUT SESSIONS, ASSESSMENTS, INTERACTIVE CONVERSATIONS, GAMES AND RETREATS.

Most of Dr. Hollis' programs are available both live and online.



#### EDUCATION – Staff Development, Parenting, Youth

Children are born right-brain dominant and completely authentic without any of the pressures that we all feel as we progress through life. Unfortunately, most children routinely lose their authenticity, often before they even start school. It begins when they have to make a choice about attachment. Do they cry because they are uncomfortable or do they not cry because it makes mommy uncomfortable? Generally they choose to stop crying and cling to the attachment that is necessary for survival. Likewise, when they start preschool and learn they have special gifts such as singing, running or banging on drums only to find that these gifts are too noisy or scary to be enjoyed by their parents. Then they have to choose again, and they generally decide to withhold their gifts because they make mommy uncomfortable and she needs peace and quiet.

These are just two examples of choices that young children make to maintain the attachment that is so necessary for their socialization in exchange for being their unique authentic selves. And while they are making these choices their right dominant brain is transitioning to left dominance. That's when they start elementary school and learn how to conform to the culture that the school offers. This is a left-brain dominant culture that includes dealing with bullies who are glad to give young children an identity, but it is usually not an authentic identity. Once in that routine, the ability to return to the right brain, learn self-awareness and be one's authentic self does not surface again, until a crises occurs and the student is forced to focus in new ways.

Educators have the ability to alter this reality and help their students understand themselves. After all, no where in the educational system do we teach children who they are. Isn't it time we take advantage of the audience we have with them to teach them about the person who lives within and how that person can most effectively thrive through life?

It's about teaching authenticity and Dr. Norma Hollis has become a master at it.

## The Importance of Authenticity in Education

We have a dilemma in the education field, from early childhood to university level. That dilemma has to do with government requirements to meet left brain educational tasks while ignoring right brain development advancements. We are a society that has become imbalanced by left brain dominance and, given the rapidly changing landscape we are a part of, it is our right brain innovative skills that will keep us successful. This presentation gives a broad understanding of the role of the right brain as it relates to living with authenticity, the ability to be intuitive and ways to trust self even more. Many scholars believe that the future will belong to those who can use their natural gifts and talents to be innovative. That means they will be authentic!

#### Takeways:

- Research on predictions for the future from multiple perspectives.
- Discover why knowledge and development of natural gifts and talents is so critical in the future.
- Learn what you can do now to help carve authentic paths for the children in your care.



## Preparing Youth to be their Authentic Self in a Rapidly Changing World

Children come to the world fully authentic with natural gifts and talents that they are eager to share with the world. However, in the process of socializing into society, children often set their gifts aside to pursue paths influenced by others. In the future, the individual will likely be differentiated by how they develop their individuality, their natural gifts and talents, and authenticity. It is important to help children not only recognize their natural gifts and talents but also develop the type of thinking that strengthens them. And when their natural gifts and talents are developed as a vehicle to sustain themselves, they will be able to meet any challenge in life, no matter what happens in the world.

#### Takeways:

- Hints on what the future may look like and why authenticity is important.
- Discover the difference between what authenticity means for children and what it means for adults.
- Learn how to help children connect with their authentic self at any age.

Sample Video

Excerpts from a Recent Presentation

Preparing Young Children to be their Authentic Self

Dr. Norma Hollis Authenticity Expert Early Childhood Advocate Former Head Start Delegate and Grantee Director Inspirational Speaker | Author | Trainer | Coach

### Join the Carnival

Grab a mask and come to the Carnival. Help the Ringmaster find the right program to bring to the carnival when it arrives in your town. Take the Gifts and Talents Inventory to discover your gift then use them in a small group to create a performance to present to the Ringmaster. Illustrates different ways to use one's gifts, introduces students to each other in new ways, boosts engagement, and a fun way to get input on a current issue. Also a great activity for a group that wants to build engagement or a newly formed group that wants to get to know each other in meaningful ways.

#### **Takeways:**

- Discover natural gifts and talents
- Learn the ways you can use your dominant gift and share it with the world.
- Boosts engagement, self-esteem, self-awareness and a broad understanding of the possibilities and options available.







## Testimonials

"What we share and talk about is real life experience and very meaningful!! Every time someone gives comments, almost invariably there's been a lesson in it for me. I can easily say that I have been exposed to more insights and aha moments during these 2-hour classes than 2 years of graduate school combined!"

Delle Williams, Graduate Student

"I am currently one of the most sought after speakers in America on school climate / culture, motivating Black males and principal leadership development. It all goes back to participating in this process back in 2003. Thank you."

Baruti Kafele, Internationally-Renowned Education Speaker & Author

"At the beginning I had no idea what would happen in this classroom. But every moment and every single class has been a 'sparkle' moment. I am finding the real Jesse and I'm happy and I'm glad."

Jessie Huang, Chinese College Student

**Client List** 



# 

Whether you are discovering your Authenticity personally or professionally, Norma has a range of programs that are ideal for your specific needs.

Book Now using the details below!



Info@NormaHollis.com

323 734 7144

or Schedule a Call with Norma at this link
<u>ConsultWithNorma.com</u>