



Dr. Norma Hollis

**Authentic Human
Development**

Speaking Programs



Dr. Norma Hollis has multiple speaking styles that include **KEYNOTES, BREAK-OUT SESSIONS, ASSESSMENTS, INTERACTIVE CONVERSATIONS, GAMES AND RETREATS.**

Most of Dr. Hollis' programs are available both live and online.



AUTHENTIC HUMAN DEVELOPMENT

Research clearly states that self-awareness is a key factor for success in any area of life. Dr. Norma Hollis' fresh approach helps people gain self-awareness in new and powerful ways.

Norma has a fresh approach, developed after years of working with people from all ages and walks of life. After studying human nature for over 30 years, she has developed a unique and profound understanding of humanity in terms of the past, the present and the future.

She excels at helping individuals take a deeper look inward and assess themselves to make wise decisions on identifying and attaining the transformation they desire. If you seek to make the world a better place by helping others with self-understanding and the value it brings to the world, bring Dr. Norma Hollis to share her wisdom with your group.

The Authentic Self: Nurturing Authenticity is an Inside Job

People often say ‘just be authentic’ as if you can will yourself to wake up the next morning totally authentic. It’s not that easy. This presentation begins with Dr. Norma’s prolific poem, “*The Masquerade*” where you learn some of the societal restraints to authenticity while also discovering how important authenticity is for our future. Discover how we begin to lose our true self as early as infancy and how it continues most of our life. Uncover some of your personal traits that contribute to your authenticity and get inspired to embrace your authentic self in new and profound ways. This program can include administering the Authenticity Assessment to discover elements of individual authenticity.

Takeways:

- Develop a curiosity about the deeper parts of self.
- Discover the evolution of the concept of authenticity.
- Identify three things you can do to nurture your personal authenticity.

Sample Video



Discover Your Authenticity Factor

Take the Authenticity Assessment and discover your Authenticity Factor. As you consider each of the nine assessment questions, you will gain new perspectives about your life. This assessment leads you to examine the energy that flows within you. Once you complete the assessment, you will see yourself in new ways and may get a confirmation of your next steps.

Takeways:

- Discover new ways to look at your life.
- Consider how to rewrite your story to heighten your authenticity.
- Get inspired to take your life to the next level.

Sample Video



The Gifts Game

Dr. Hollis shares her poignant poem “The Masquerade’ as an introduction to a group exercise to increase relationships. Participants take the ‘Gifts and Talents Inventory’ to identify their top gifts then depending on the environment – size of group, live vs. online, etc. - participants either roam the room to find others who excel in the same gift or participants self-select an online room to join others with the same dominant gift. The smaller group discusses their similarities, differences, how they want to be treated, what they offer the organization or other questions based on company objectives. It’s a fun and highly engaging experience that ends with everyone increasing their respect and appreciation for each other.

Takeways:

- Discover your top wisdom gift.
- Learn the gifts of your co-workers.
- Share how your gift can best be used in the workplace.

Sample Video



Join the Carnival

Grab a mask and come to the Carnival. Help the Ringmaster find the right program to bring to the carnival when it arrives in your town. Take the Gifts and Talents Inventory to discover your gift then use them in a small group to create a performance to present to the Ringmaster. Illustrates different ways to use one's gifts, introduces team members to each other in new ways, boosts engagement, and a fun way to get input on a current issue. Also a great activity for a group that wants to build engagement or a newly formed group that wants to get to know each other in meaningful ways.

Takeways:

- Discover the gifts of your co-workers.
- Learn how those who share your dominant gift share it in the world.
- Boosts engagement among the entire team.



Testimonials

"I thank you again for the wonderful opportunity of hearing you speak. In addition to understanding the Authenticity Platform you have so diligently designed, I experienced the freedom that practicing the principles provides. I appreciate the chance to move into my authentic self through your teachings and it feels like freedom. I learned to "do me" without second guessing my movements and outcomes. I look forward to continue following on the journey and being exposed to the "good stuff" Authenticity brings to my life."

Barbara Sullivan, CEO Sullivan International

"I don't know where I can get this level of understanding on any program that I've ever been with. It's metaphysical, psychological, ecological, spiritual, intellectual and everything else. It is making me a better person while making me good at my craft. I love it!"

Dr. Dexter Russell, Santa Fe, NM

"Norma I so love and appreciate your sharing and authenticity. I have attended your events and was mesmerized by the way you not only motivated but inspired me to embrace and follow through with my passion and purpose. Thank you for all that you bring to the table, I must say that I was truly fed. I look forward to being a part of your upcoming events."

Khephera Jesal, Detroit, MI

Client List





Whether you are discovering your Authenticity personally or professionally, Norma has a range of programs that are ideal for your specific needs.

Book Now using the details below!



Info@NormaHollis.com



323 734 7144

or Schedule a Call with Norma at this link

[ConsultWithNorma.com](https://www.consultwithnorma.com)